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Clifton ❖ Lorton ❖ Lorton Valley ❖ Greenbriar

# Horseback Therapy

NEWS, PAGE 3

'We have seen both physical and mental benefits from since Jacob has been riding here,' says Kathy Cisarik. 'We have already seen an improvement in his posture and his ability to follow instructions.' Jacob has been participating in the Northern Virginia Therapeutic Riding Program for more than seven years.

PHOTO BY ROBBIE HAMMER/THE CONNECTION  
CALENDAR, PAGE 10 ❖ HOME SALES, PAGE 11 ❖ SPORTS, PAGE 12 ❖ CLASSIFIED, PAGE 15

## Cavalcade Of Cappies Nods

NEWS, PAGE 4

## 3 Vie for A.G. Nomination

NEWS, PAGE 3

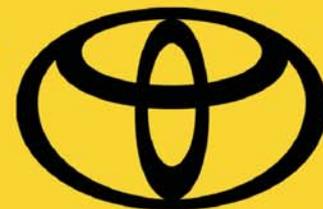
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# Saddling Up for Therapeutic Riding



PHOTO BY ROBBIE HAMMER/THE CONNECTION

**Jacob Cisarik of Burke practices his riding posture during his weekly lesson at the Full Cry Farm in Clifton as part of the Northern Virginia Therapeutic Riding Program on May 18. Cisarik is helped by volunteers Abby Schmidt and Colleen Wilson as assistant director of the program Linda Aikey provided a watchful eye.**

**Local program improves strength, self-esteem of people with disabilities.**

BY SARA RIDDLE  
THE CONNECTION

**S**ituated in the scenic acres of Clifton lies farmland with horses waiting to be saddled up and taken for a ride. No matter the disability or impairment one faces, all are welcomed with smiling faces at this horse farm.

"Our goal is to promote as much independence as possible," said Breeana Bornhorst, executive director of the Northern Virginia Therapeutic Riding Program.

The Northern Virginia Therapeutic Riding Program (NVTRP) is a non-profit organization that uses horse riding as a therapy tool for children and adults with disabilities. Individuals, companies and foundations donate and invest in the program to allow for lessons.

The program was originally chartered in 1980 under the Virginia 4-H extension program.

While the location for the program has changed over the years, it has resided at Clifton's Full Cry Farm since December 2007. The purchase of this farm

in March completed the first phase of the organization's goal of finding a permanent home.

The program's previous location in Fairfax suffered a barn fire in July 2007. No people or animals were injured.

**THE NVTRP** offers two types of programs, hippotherapy and therapeutic riding. Hippotherapy sessions provide one-on-one treatment with the students and offer horse movement as a treatment tool. Therapeutic riding is offered to groups of two to four students and focuses more on riding skills. All programs are taught by certified riding instructors.

Both hippotherapy and therapeutic riding focus on the rider's ability rather than disability. Because horses walk similar to the way humans do, each lesson allows the students to work on their balance, muscular strength and coordination.

In addition to participating in the sport of horse riding, students also learn about horse care and grooming.

"Becoming a knowledgeable horseman/horsewoman includes being confident in grooming, tacking and taking care of the horses," said Bornhorst. "We focus on having well-rounded lesson plans that teach our riders everything they need to know about horses."

**"This is a very gratifying and worthwhile program."**

— Shari Lama, volunteer

SEE RIDING, PAGE 18

# 3 Republicans Run for Attorney General

**Virginia GOP picks party nominee at Richmond convention May 30.**

BY JULIA O'DONOGHUE  
THE CONNECTION

**T**he Republican Party of Virginia's 2009 nominating convention, taking place May 29-30 in Richmond, could be the largest such event in years.

Approximately 10,600 people have signed up to participate and several Republicans are expecting more than 5,000 people to attend.

"I hear it is the biggest one since Oliver North [was nominated in 1994.] This is the kind of thing we are seeing. Now, we are all engaged. Now, everybody is showing up," said Del. Dave Albo (R-42), who represents Springfield and South County.

By comparison, just more than 5,000 people signed up for last year's Republican convention and only about 3,100 people attended, despite a close contest between former Gov. Jim Gilmore and Del. Bob Marshall (R-13) for the party's U.S. Senate nomination.

This year's large numbers could reflect the efforts of the three candidates trying to become the Republican pick for attorney general. The convention delegates will select the party's attorney general nominee and

all three campaigns have been working hard to sign up supporters to attend the event.

"Now you have three hard-working guys going out there and recruiting delegates statewide," said Steve Hunt, a Republican and former Fairfax County at-large school board member.

**REPUBLICAN CANDIDATES** for attorney general, John Brownlee, Ken Cuccinelli and Dave Foster all have strong Northern Virginia connections and have been actively recruiting delegates in the area.

Brownlee, the former U.S. Attorney for Virginia's western district, now lives in Roanoke but graduated from Robinson Secondary School in Fairfax County. As a soldier in the U.S. Army, he was also stationed at Fort Meyer in Arlington and lived in Arlington again when he worked as an assistant U.S. Attorney for the District of Columbia.

Cuccinelli lives in Centreville and has represented Burke, Springfield and parts of western Fairfax County in the Virginia senate since 2002. He grew up in McLean, and is Northern Virginia's only remaining Republican state senator following the 2007 state elections.

Foster was born in Arlington and currently resides there; he served eight years on the Arlington County School Board, after first being elected in 1999.

**IF ELECTED**, all three candidates promised to defend and improve upon Virginia's "business friendly" environment.

"I have spent my 28 years in the law representing a range of businesses from fortune 100 companies to start ups. I have a lot of familiarity with what draws a business to a state and encourages it to expand there," said Foster.

Should the U.S. Congress pass "card check" legislation, which could strengthen labor unions' abilities to grow membership, the three Republican candidates said they would be willing to challenge the law in court, possibly on constitutional grounds.

"If you had forced unionization, it would be devastating to jobs here in Virginia. My job as attorney general is to protect our right-to-work laws," said Brownlee.

All three candidates also promised to help reduce "red tape" and regulations they said

are a burden to Virginia businesses and discourage economic growth.

"The attorney general deals with the regulation in Virginia and gives legal advice to all the state agencies. The attorney general can decide whether government continues to extend the arm of power or takes a hand off approach and allow business to grow and expand," said Cuccinelli.

**THE CANDIDATES** do differ on what other issues might be a top priority if they were elected attorney general.

Brownlee said he would continue former attorney general Bob McDonnell's work

on gang violence. McDonnell had a set of prosecutors and one assistant attorney general focus exclusively on gang violence.

"There is an increasing gang problem and the attorney general is going to play an important role in leading our efforts against gang violence," said Brownlee.

If elected, Cuccinelli said he would want to continue his work on the legal issues sur

SEE BROWNLEE, PAGE 18

## Grand Jury Indicts Teacher

A Gunston Elementary School teacher accused of sexually assaulting a student has been indicted by a Fairfax County grand jury. He is Rodney Bower, 54, of the 2400 block of Temple Court in Alexandria.

Police were called March 20 to investigate a sexual offense that happened sometime between Feb. 1-14. They said the alleged victim, a female student at Gunston Elementary, was reportedly touched inappropriately by Bower in her home. Police said he was tutoring her when the alleged assault took place. Bower turned himself in to detectives, March 23, and was charged with aggravated sexual battery.

Bower has taught in Fairfax County Public Schools since 2000 and has been at Gunston since 2005. He taught fifth grade and accelerated math but, following his arrest, he was placed on unpaid leave. Following his grand-jury indictment on Monday, May 18, he's scheduled to enter a plea, July 16, in Circuit Court.



Bower

POLICE PHOTO

## Police Charge RECenter Employee with Embezzlement

A Fairfax County Park Authority employee was charged with embezzlement on Thursday, May 14. Fairfax County Police were contacted by the Park Authority in early-March after supervisors at the South Run RECenter, located at 7550 Reservation Drive, discovered discrepancies in their financial records for the field house.

A police investigation revealed a user group was paying money to use the field house at night and an employee was reportedly keeping the money, not entering the payment into the accounting system. Detectives determined this had been occurring since October 2008.

Brian Keith Johnson, 44, of 9549 Covington Place in Manassas, turned himself in at the West Springfield District Station. He was transported to the Fairfax County Adult Detention Center and charged with embezzlement.



Johnson

POLICE PHOTO

## Student from Lorton Arrested On Drugs, Weapons Charges

A student at Edison High School was charged with possessing drugs and a weapon Thursday, May 14. According to Fairfax County Police release, the student, Brendan Anglin, 19, of the 8900 block of Ingoe St. in Lorton, left school grounds after school started and returned at approximately 9:20 a.m. Upon his return, the student was met by school personnel, who police said had reason to search his car based on the school's investigation.

While searching the student's 2003 Nissan Sentra, school administrators found drug paraphernalia, a knife and gun. Anglin was transported to the Fairfax County Adult Detention Center where he was charged with possession of a firearm on school property, possession of a weapon on school



Anglin

POLICE PHOTO

SEE NEWS BRIEFS, PAGE 9

# Rams' 'Fiddler' Scores 12

## Director Chip Rome applauds Robinson's group effort.

BY BONNIE HOBBS  
THE CONNECTION

Right from the start, those who saw Robinson Secondary School's production of "Fiddler on the Roof" knew they were witnessing something out of the ordinary. Apparently, so did the Cappies critics, because they've nominated this musical for a whopping 12 Cappie awards — including Best Musical.

"We're all very excited," said Theater Director Chip Rome, who's also directing the Cappies Gala, June 7, at The Kennedy Center. "The big payoff was really the audience response. Every night, it got bigger and more boisterous, each night. Actually, the Cappies show was the weakest of our performances, so it must have been a really good show."

Pleased with everyone who had a hand in making this enormous undertaking such a huge success, Rome said, "We had an extraordinarily talented lead and dedication from the entire cast, particularly from the tech crew, where they could have gotten by with much less. But instead, they went the extra mile, and it showed."

Portraying Tevye, Eric Fischer was nominated for Lead Actor in a Musical. "We're fortunate to have Eric, who's unusually talented, as high-school singers go," said Rome. "But he's also a strong actor and that made it tremendous fun."

"We knew it was a complete production, thorough from acting to sound to set," said Rome. "The town setting was very realistic-looking and effective — the stonework, the thatched roof of Motel's tailor shop and, near the orchestra pit, the sprigs of grass that stuck up around the well. And I think the cast and audience saw it as a step beyond [what was expected] that brought their energy even higher."

Pulling out all the stops, Robinson cast 11 children in the musical and even had live chickens. "Extra things you don't expect to see in a play like that," said Rome. "There's even a scene between Tevye and a fiddler, who was a member of the orchestra, that was choreographed and it became another nice, little, featured moment." It also earned the fiddler, Jose Justiniano, two Cappie nods: for Creativity and Cameo Actor.

**THE SHOW** also features 11 quick changes of costume so, said Rome, "All 102 people in the production really had to make this move in concert. And even though it's a sad second act, people feel good about all the characters they've gotten to know. The bottle dance is one of the show's highlights, and I think we succeeded in taking the audience along with us. And much of it had to do with the ensemble players, because their reactions during the dance set the tone the audience was supposed to feel — and it was true of many other scenes."

For example, he said, the audience saw how Ella Robertson, as Ruchel, danced at the wedding. "At first, she was horrified she had to dance with a man, which wasn't done in that time and place," said Rome. "And then, slowly, she showed concern, then

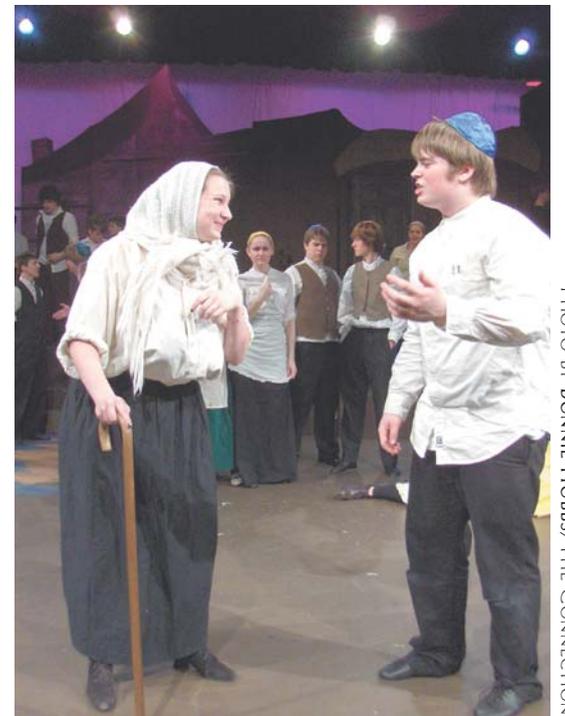


PHOTO BY BONNIE HOBBS/THE CONNECTION

**Sarah Russell, left, appears as Yente the matchmaker and Zach Sheldon as villager Avram. Russell received Cappie nominations for Comic Actress in a Musical and Choreography. The latter nomination she shares with Piper Hillman.**

curiosity, intrigue and, finally, delight, representing in a good way what this breaking of tradition could mean. So she didn't just dance, she told a story."

Sarah Russell is nominated for Comic Actress in a Musical for her portrayal of Yente, the matchmaker. "She understood her role, from the get-go, and communicated her real delight in the character, so she was impossible not to be drawn to and enjoy," said Rome. "And like many others, she did double duty; she was also the show's fight coordinator. The rabbi also did set construction and Tzeitel was in charge of the program."

In addition, he said, "We had 20 live mikes and over 200 cues so, even though we didn't get a Cappie nomination for Sound, our sound guy, Adam Stroop, deserves a lot of credit."

Since "Fiddler" received a Best Musical nomination, cast members will act out the show's dream sequence at The Kennedy Center. "It's one of everyone's favorite scenes," said Rome. "And it's huge to perform it at a black-tie affair in a 2,400-seat concert hall. That's very exciting for the kids."

"Fiddler" also received Cappie nods for: Sets, Piper Hillman, Julieanna Novak, Carl Schwartz and Sam Wharton; Costumes, Karly Hirst, Jessica Kiraly and Parker Williams; Makeup, Maggie Albertson and Marisa Brown; Props and Effects, Ashley Guckert and Julieanna Novak; Choreography, Piper Hillman and Sarah Russell; Male Dancer, Logan Hillman; and Female Vocalist, Micah Chelen.

"It's icing on the cake to get all the nominations," said Rome. "It's wonderful to be a hit and also get recognition beyond that. But I'm proud of my kids for all the work they did in the show. The parents, drama boosters, administration and school system, itself, are all very supportive. The arts are filled with wonderful, energetic, creative kids working hard, doing wonderful things."

**"The rabbi also did set construction."**

— Chip Rome, theater director

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## THINGS TO DO



PHOTO COURTESY OF MICHELLE STEIN

Runners from leave the starting line of the 2008 Clifton Caboose Twilight Fun Run.

## Over Hill and Dale

Clifton Caboose 5K Twilight Run, Fun Run take place May 30.

By BONNIE HOBBS  
THE CONNECTION

It's time to grab some running shoes and head to Clifton. The 12th annual Clifton Caboose 5K Twilight Run is almost on hand. The run is on Saturday, May 30, and starts and ends at the triangle of Clifton, Main and Newman roads. The 1-mile Fun Run begins at 6 p.m., with the 5K kicking off at 6:30 p.m.

"It goes up Newman Road, a mile-and-a-half, and back again," said event chairman Gary Anderson. "It travels along gentle, rolling hills and is very scenic."

Sponsored by the Clifton Betterment Association, it's also a fundraiser for the CBA, which has previously renovated the town park and is currently renovating the barn off of Main Street. Registration may be done online at [www.signmeup.com/64806](http://www.signmeup.com/64806). Cost for the 5K is \$24, and the 1-mile, \$18. Race-day registration may also be done at the barn.

Prizes go to the top three, male and female, overall finishers: First place, \$100; second, \$75; and third, \$50. In addition, medals will be given to the top three, male and female finishers in various age categories. The last-place, or caboose, finisher will also receive an award.

All participants will also be eligible for a drawing for a wide assortment of prizes. Peterson's Ice Cream Depot and the Clifton Cleaners are both giving gift certificates. Clifton Wine Cellars is offering a bottle of wine, and Clifton Café is donating a bag of coffee beans.

The Clifton Store will give out giant, ice pops to all children participating, and Peterson's is awarding one, free year of ice cream to the winner of the event's T-shirt-design contest. This year, that person is Clifton Elementary sixth-grader Nicole Nishanian.

Anderson expects between 300-400 people to turn out for both the Fun Run and the Twilight 5K and hopes the weather will cooperate. "We moved up the race day, a couple weeks earlier, this year," he said. "It's usually in June, but we wanted to take advantage of the nice, spring weather so we'll have cooler temperatures."

**THE EVENT** is open to everyone, not just Clifton residents, and Anderson said it's always an enjoyable time, complete with live music, beer and a bonfire afterward. Attendees should bring picnic food for the party in the barn following the race.

"It's a chance for families to do things together," said Anderson. "And it's always such a great, community event. We start planning it in January-February, and I've got a good number of people working for me. Michelle Stein and Steve Bittner are among a great crew of a dozen regulars who pitch in and get things done."

It's Anderson's fifth year as chairman. "I love it," he said. "Most races are in the morning, so this one's unique. And I think it's important to the community. I'm a runner, myself, so it's a natural fit; and I like having a local race and running with a lot of people I know. It's just a lot of fun."



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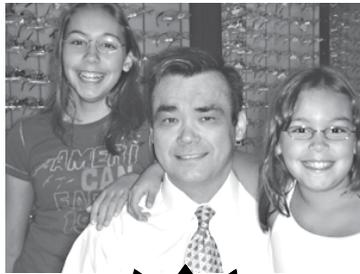
## Patriot Track Roundup

Becca Sinichko and Megan Bumgarner propelled the Lake Braddock girls' outdoor track and field team to a Patriot District title last week at T.C. Williams High School. Sinichko captured the long jump and the 200- and 400-meter dashes, while Bumgarner won both the 100 and 300 hurdles. Lake Braddock scored 176 points, which nearly doubled second-place West Potomac's total of 92. The Bruins also received first-place efforts from Ericka Roberts (100 dash), Liana Epstein (1,600 run) and Becca Shoemaker (pole vault). On the boys' side, Lake Braddock took sixth with a total of 59 points. West Potomac won the Patriot with 103. Matt Hoogland and Michael Santano paced Lake Braddock, securing district titles in the pole vault and 300 hurdles, respectively.

Hayfield's boys' team was third with 86 points and its girls' squad took sixth with 35. Elbert Maxwell was victorious in the high jump, while Tyler Sturgill (discus) and Anthony Williams (110 hurdles) posted wins as well. The girls'

SEE WEEK IN SPORTS, PAGE 9

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Comments can be sent to Regional Traffic Engineer, 14685 Avion Parkway Chantilly, Va. 20151; or you may call (703) 383-2400.

**"Me and My Dad"**

To honor dad on Father's Day, send us your favorite snapshots of you with your dad and The Connection will publish them in our Father's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to:

PhotoB@connectionnewspapers.com

Or to mail photo prints, send to:

The Laurel Hill Connection,  
"Me and My Dad Photo Gallery,"  
7913 Westpark Dr., McLean, VA 22102

Photo prints will be returned to you if you include a stamped, self-addressed envelope, but please don't send us anything irreplaceable.

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# OPINION



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[www.GlobalRacefortheCure.org](http://www.GlobalRacefortheCure.org)

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Mary Kimm, pictured here with daughter, Emma Kimm Dixon, 21, and son, Colin Kimm Dixon, 26, at Emma's May 9 graduation from Earlham College.

## A Personal Journey

Biopsy begins journey of treatment for breast cancer.

**I**n January, a biopsy of a lump I discovered in my breast revealed that I had an early but aggressive breast cancer.

In February, I had surgery to remove the tumor, and in March, I began chemotherapy.

Saturday, May 15, I opened my envelope from the Susan G. Komen Race for the Cure, pulling out a pink T-shirt that reads, "I believe ... I hope ... I am a survivor." Unfolding that message — about me for the first time — was jolting and emotional.

I'm now more than halfway through my chemotherapy treatments (and bald). In July, I'll begin radiation for six weeks plus a little.

I have long defined myself as a pathological optimist (note, still in the newspaper business). I've been upbeat through my treatment so far, able to work and walk, if a bit more slowly. It might seem like a lot at once — breast cancer, local recession, downturn in newspaper revenues — but I remain firmly optimistic on all fronts.

Because of the paths of millions of women before me, because of efforts for early detection, because of the research funded by Komen for the Cure and others, because of the efforts of thousands of scientists, by Labor Day my cancer could be behind me for good.

There is no good news when you are diagnosed with cancer. But there are successful, targeted treatments for many kinds of breast cancer; if detected early, it is among the most treatable cancers.

It takes more than money to ensure that women are in the best possible position to discover any breast cancer early on — it takes the kind of awareness that comes with 50,000 people coming together to run a 5K race, it takes education, it takes energy, time and effort.

On June 6, I plan, along with friends and family, to walk on the National Mall with 50,000 or so others in the Race for the Cure.

I encourage you to join the Race for the Cure; there is still time to register and take part in the 5K itself. There are many ways to participate, including walking, running, and even a "Sleep in for the Cure" option (you still get a T-shirt).

But most of all, I urge the women reading this to be sure that they are taking care of themselves, for everyone reading this to be sure the women in their lives are as well.

Early detection is the key, and I offer you no excuses. There is no history of breast cancer in my family. My mammogram five months before I found this lump was clear. Breast cancer is detected early by self-exams, by doctor exams and by mammograms. Be sure you show up for all of the above on your own behalf.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

### Get Involved

More than 50,000 people are expected on the National Mall on Saturday, June 6 for the Susan G. Komen Global Race for the Cure. Register at [www.globalracefortheCure.org](http://www.globalracefortheCure.org), or call 703-416-7223.

Read previous stories about the Race for the Cure at [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com).

Survivors Triumph in a Sea of Pink  
<http://www.connectionnewspapers.com/article.asp?article=315752&paper=83&cat=104>  
Guest Editorial by Susan Sondley: Why I Race for the Cure

<http://www.connectionnewspapers.com/article.asp?article=315750&paper=83&cat=110>  
To contribute to Sondley's top fundraising team:  
[http://globalrace.info-komen.org/site/TR/GlobalRaceForTheCure/GlobalRace?px=2398911&pg=personal&fr\\_id=1140](http://globalrace.info-komen.org/site/TR/GlobalRaceForTheCure/GlobalRace?px=2398911&pg=personal&fr_id=1140)

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**Thursday, May 28**

**Burger King FamilyFest with Kids' Rides and Games**  
Springfield Mall 3pm – 10pm

**Friday, May 29**

**Burger King FamilyFest with Kids' Rides and Games**  
Springfield Mall noon – 10pm

Old-fashioned B-B-Q at Old-fashioned Priests  
American Legion Post 176  
6pm – 8pm

**Sunday, May 31**

**Burger King FamilyFest with Kids' Rides and Games**  
Springfield Mall 11am – 10pm

**Annual Cardboard Boat Regatta**  
Lake Accotink Park 12pm – 4pm

**Saturday, May 30**

**Burger King FamilyFest with Kids' Rides and Games**  
Springfield Mall 11am – 10pm

**Family Fun Run**  
South Run RECenter 8:30am

**FitnessFest**  
South Run RECenter 9am – 2pm

**Paws on Parade**  
Springfield Mall 10am

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# NEWS

FROM PAGE 4

property and possession of marijuana.

According to police, no students were at risk at the time of this investigation. The two weapons charges each carry a maximum 12 months in jail and the marijuana charge will be contingent on past offenses.

## Four Cappie Nods for WTW's 'Footloose'

When the 2009 Cappies are presented, June 7, at The Kennedy Center, the students at W.T. Woodson High will have much to cheer about because their musical, "Footloose," is up for four awards. Robert Moorman and Kirsten Salpini and nominated for, respectively, Comic Actor and Lead Actress in a Musical; Brendan Rice, Male Dancer; and Sara Persily and Sam Melvin, Choreography.

"I am very proud of the work all the kids did on 'Footloose,'" said Theater Director Terri Hobson. "It's nice to be nominated and recognized, and we're very excited.

But all the kids in all the shows did great work."

### NEWS BRIEFS

Not choosing to single out any of her theater students specifically, she said, "All of these actors are fabulous and they have the talent, mindset and work ethic to continue on in this field." Regarding the choreographers, Hobson said, "I'm particularly proud of them. Every step of it was their own. They had no adult help, and it's a huge dance show."

She said her young thespians are "looking forward to dressing up and going to the concert hall" at The Kennedy Center for the awards ceremony. "It's a big deal and a wonderful event," said Hobson. "A large amount of schools compete in this area's Cappies program, so it's really a nice honor to be nominated."

— BONNIE HOBBS

### WEEK IN SPORTS

FROM PAGE 7

4x100 relay team of Briana Richardson, Lola Ojabowale, Megan Clark and Marquela Brown finished first. Amalya Clayton won the triple jump and the girls' 4x800 relay team (Lauren Blackburn, Alex Watt, Anna Barber and Sara Lepley) was victorious for West Springfield's girls' team, which totaled 65 points to finish fourth.

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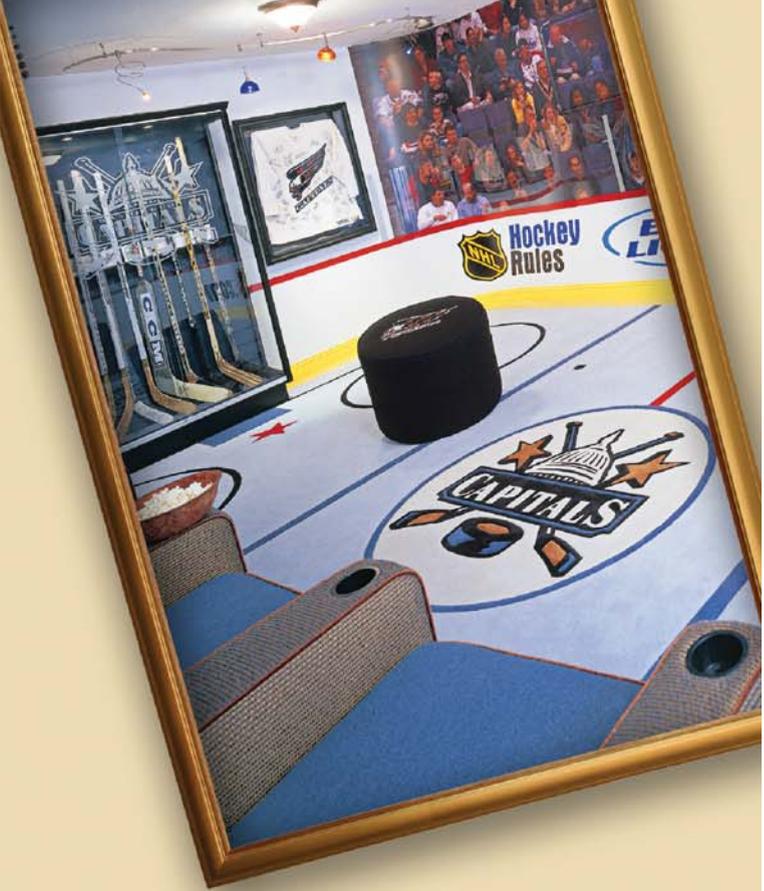


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# CALENDAR

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-917-6459. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

## THURSDAY/MAY 21

**Emergency Preparedness for Seniors.** 11 a.m. at the Richard Byrd Library, 6315 Backlick Road, Springfield, on the second floor of the Bank of America building. This program will focus on preparation kit items, planning, staying informed and staying in touch. Adults. 703-451-8055.

**Springfield Writers' Group.** 7 p.m. at the Richard Byrd Library, 6315 Backlick Road, Springfield, on the second floor of the Bank of America building. Share your work, give and receive feedback. Adults. 703-451-8055.

**Comedy Thursday.** 9 p.m., Jaxx Night Club, 6355 Rolling Road, Springfield. Ages 21 and up. \$5. 703-569-5940 or 202-432-SEAT.

## SATURDAY/MAY 23

**Park Manager Walk and Talk.** Share questions and concerns with Park Manager Kevin Munroe from 5-7 p.m., Huntley Meadows Park, 3701 Lockheed Blvd., Alexandria. Reservations are required. 703-768-2525.

**Habitat Restoration.** Join an Invasive Management Area volunteer site leader in a non-native invasive plant removal workday 9:30-11:30 a.m., at Woodglan Lake Park, 10617 Zion Drive, Fairfax. Participants must be 15 and older, unless accompanied by an adult. Free workday. 703-324-8681.

**Sunset Cruise.** 7:30-8:30 p.m. An

interpretive history of Lake Accotink Park and the area is included in the tour. Beverages are served on board. \$5 per person. Prepaid reservations required. 703-569-0285. Lake Accotink Park, 7500 Accotink Park Road, Springfield.

**Paddle Adventure-Morning Tour.** 8 a.m.-12 p.m., at Pohick Bay Regional Park, 6501 Pohick Bay Drive, Lorton. \$30 per person. Reservations required. A Potomac Overlook Park Naturalist will lead the trip. No experience necessary. 703-339-6104.

## FRIDAY/MAY 22

**Ponderings: Naturalist Treasure Hunt.** Follow clues to find landmarks and use wildlife evidence to search for the "natural treasure" 4:30-6 p.m., at Hidden Pond Nature Center 3701 Lockheed Blvd., Alexandria. For children 6-10, and includes collecting specimens such as leaves and rocks. Reservations required. \$5 per child. 703-451-9588.

**Spellbound's Sanctuary.** 8 p.m., Jaxx Night Club, 6355 Rolling Road, Springfield. \$10. 703-569-5940 or 202-432-SEAT.

## SATURDAY/MAY 23

**Memorial Day Weekend Madness.** 2:15 p.m., Jaxx Night Club, 6355 Rolling Road, Springfield. Grand Buffet, Johnny 3 Legs, Bo Jakins, 94!Mentality, Sensimilla, Nova Infinite, Rico, Evereaux and other will perform. \$10/advance, \$12/day of show. 703-569-5940 or 202-432-SEAT.

## MONDAY/MAY 25

**'Hold Ourselves in Readiness': A Memorial Day**

**Commemoration.** 9:30 a.m.-5 p.m., at Gunston Hall, 10709 Gunston Road, Mason Neck. Mansion tours highlight George Mason's leadership role with the militia and his part in preparing Virginia for independence. Regular admission. Free admission granted to active military personnel and veterans. 703-550-9220.

## TUESDAY/MAY 26

**Computer Tutoring.** 3:30 p.m. and 4:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Call to sign up. Adults. 703-249-1520.

**Book Discussion Group.** 7:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Call for title. Adults. 703-249-1520.

## WEDNESDAY/MAY 27

**Travel Club.** 1 p.m. at the Richard Byrd Library, 6315 Backlick Road, Springfield, on the second floor of the Bank of America building. Bring lunch. Adults. 703-451-8055.

**Kingstowne Library Writers Peer Review Group.** 7 p.m. at the Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Review peers' works and receive in-depth feedback. Adults. 703-339-4610.

**Practice Your English.** 10:15 a.m. and 7:30 p.m. at the Kingstowne Library, 6500 Landsdowne Centre, Alexandria. 703-339-4610.

**English Conversation Group.** 6 p.m. at the Lorton Library, 9520 Richmond Highway, Lorton. Practice English with other adults. 703-339-7385.

**Supersuckers CD Release Party.** 8 p.m., Jaxx Night Club, 6355 Rolling Road, Springfield. \$12/advance,

\$15/day of show. 703-569-5940 or 202-432-SEAT.

## THURSDAY/MAY 28

**May Flowers.** 10:30 a.m. at the Richard Byrd Library, 6315 Backlick Road, Springfield, on the second floor of the Bank of America building.

**I Love You More Than Rainbows.** 10:30 a.m. at the Lorton Library, 9520 Richmond Highway, Lorton. Songs, stories and a craft with children's author Susan Crites. Age 2-5 with adult. 703-339-7385.

**Days of the New.** 7:30 p.m., Jaxx Night Club, 6355 Rolling Road, Springfield. Burn the Fields, Johnny 3 Legs, Ocean End, Sonic Defiance and Shankmin. \$15/advance, \$18/day of show. Call 703-569-5940 or 202-432-SEAT.

## SATURDAY/MAY 30

**Clifton Caboose Twilight Run,** sponsored by the Clifton Betterment Association. 6-8 p.m. in the Town of Clifton. 703-923-3500.

**Second Annual Fun Run at South Run RECenter.** 8:30 a.m. This 1.5 mile run will start and finish at South Run RECenter located at 7550 Reservation Drive in Springfield. Early Registration through May 23: adults, \$15; children 12 and under, \$10. Registration from May 24 to race day: adults, \$20; children, \$15. Registration forms are available at South Run RECenter and Metro Run & Walk, 7261 Commerce St., Springfield, VA 22150. Registration form at [www.springfielddays.com](http://www.springfielddays.com). 703-866-0566.

**Exercise Paddle Adventure.** 4:30 p.m. at Pohick Bay Regional Park, 6501 Pohick Bay Drive, Lorton. \$30

per person. Reservations required. Paddle trip with interval training and endurance. General good health required. Must be 18 or older. Kayak experience necessary. 703-339-6104.

## SUNDAY/MAY 31

**Cardboard Boat Regatta,** at Lake Accotink Park, 7500 Accotink Park Road, Springfield. Boat judging begins at 12 p.m. and the race starts at 2 p.m. Regatta contestants can register in advance, \$10 per boat, \$20 the day of the regatta. Admission is free. Parking \$4 per vehicle. 703-569-0285.

**Paddle Adventure-Evening Tour.** 4-7 p.m. at Pohick Bay Regional Park, 6501 Pohick Bay Drive, Lorton. \$30 per person or group rate. Reservations required. No experience necessary. 703-339-6104.

**Vegan Cooking Class. "Soy of Cooking."** 10 a.m.-1 p.m., 9302 Hallston Court, Fairfax Station. \$50/person. Learn how to cook with soy and its derivatives: tofu, tempeh, TVP, miso, tamari. Class includes food samples, recipes and coupons. Pre-registration required. Call 703.643.2713 for space availability.

## MONDAY/JUNE 1

**Kingstowne in Stitches.** 7 p.m. at the Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Spend an evening in the company of other needleworkers. 703-339-4610.

## TUESDAY/JUNE 2

**Picnic Pals.** 11:30 a.m. at the Burke Centre Library, 5935 Freds Oak Road, Burke. Bring lunch for an afternoon of stories and movies. Birth-5 with adult. 703-249-1520.

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13637 MELSTONE DR	5	3	1		CLIFTON	\$645,000	Detached	0.21			LITTLE ROCKY RUN
13809 LAUREL ROCK CT	5	3	1		CLIFTON	\$585,000	Detached	0.22			LITTLE ROCKY RUN
8497 INDIAN PAINTBRSH WAY	4	3	1		LORTON	\$581,260	Detached	0.17			LAUREL HILL
6404 BATTLE ROCK DR	4	2	1		CLIFTON	\$575,000	Detached	0.26			LITTLE ROCKY RUN
9002 HAYWOOD AVE	5	4	1		LORTON	\$565,000	Detached	0.24			JOHN LEARY
9215 DAVIS DR	5	3	1		LORTON	\$565,000	Detached	1.06			WRIGHTS OVERLOOK
9001 COPPERLEAF LN	4	2	1		FAIRFAX STATION	\$555,000	Detached	0.20			CROSSPOINTE
9030 RIDGELY DR	5	3	1		LORTON	\$550,000	Detached	0.50			LORFAX HEIGHTS
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9068 TANYARD LN	3	2	2		LORTON	\$385,000	Townhouse	0.03			LAUREL CREST
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7890 SEAFARER WAY	3	2	1		LORTON	\$340,000	Townhouse	0.05			MASONS PASSAGE
10464 GREENE DR	3	1	0		LORTON	\$290,000	Detached	0.74			CHESTER PARK
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8305 GREEN HERON WAY #10	3	2	1		LORTON	\$235,000	Townhouse				GABLES AT GUNSTON
8945 WALDREN WAY	3	2	0		LORTON	\$232,500	Townhouse	0.03			WASHINGTON SQUARE
13671 WILDFLOWER LN E	3	2	2		CLIFTON	\$227,000	Townhouse	0.04			SEQUOIA LEA
9512 GREENCASTLE LN	3	2	2		LORTON	\$216,000	Townhouse	0.04			WILLIAMSBURG SQ
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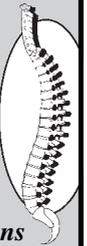
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# Second-Half Surprise for Stallions

**After tying goal, South County boys' soccer rallies to win first-ever Patriot District title.**

BY JASON MACKEY  
THE CONNECTION

**H**alfway through its third game in the past five days, the South County boys' soccer team was sluggish and trailed No. 7 seed Hayfield, 1-0, after the first 40 minutes of the May 15 Patriot District title game at Lake Braddock Secondary School.

"I was concerned the whole first half," said South County coach Erich Gunderman, whose team was the tournament's top seed. "Coming in here, we were confident, but we didn't display the urgency that you would like to see in a championship game."

In his fourth year at South County after spending the previous 10 at West Potomac, Gunderman also said that his team played "on top of the world" to beat T.C. Williams, 7-0, in the quarterfinal round on May 11 and later "survived" during a 1-0 win over Annandale two days later in the semifinals.

But when senior defender Mojtaba Amin tied the score in the game's 73rd minute, all of the aforementioned fatigue disappeared. South County was rejuvenated and later finished the 2-1 victory when senior forward Max Kleess scored the game-winner with 67 seconds left.

"It sucks that it took us that long to get it going,

but once [Amin's] goal happened, I knew that we wanted it," said Kleess, who came sprinting over to the sideline and let out a celebratory scream at South County's cheering section. "It was one of my few chances in the game, and I just took it."

The title was the first for South County, which went 7-3-3 overall, 4-2-1 in the Patriot District last spring and lost to Lee in the district quarterfinals. The wins over T.C. Williams and Annandale were also the first two playoff wins in program history.

Playing from behind hasn't exactly been a situation that South County (13-1-1) has had a lot of experience dealing with this season. By starting the 2009 campaign with six consecutive shutouts, South County didn't relinquish the lead in a match until a 3-0 loss to T.C. Williams on April 2.

And by winning six of their next seven by a combined score of 15-4, the Stallions haven't trailed since.

"When you win, you have all the energy in the world because that's nothing but adrenaline," Gunderman said. "When [Amin's goal] went in, the energy level went through the roof. It's a learning experience for them, and we have to come out and play from the start."

On Tuesday for the first round of the Northern Region tournament, South County made things a little easier on itself, disposing of Stuart, 3-0, to advance to the quarterfinal round. There, the Stallions will play host to Westfield on Thursday night.

The South County girls' team (10-4-2) suffered a 1-0 loss to West Springfield in its Patriot District title game, as the Stallions were unable to stop a 45-yard try from Jessie Gonzalez in the game's 33rd minute.

But like Gunderman's squad, the girls' team responded with a 3-2 win over Edison Tuesday, advancing to face Chantilly on Thursday night.

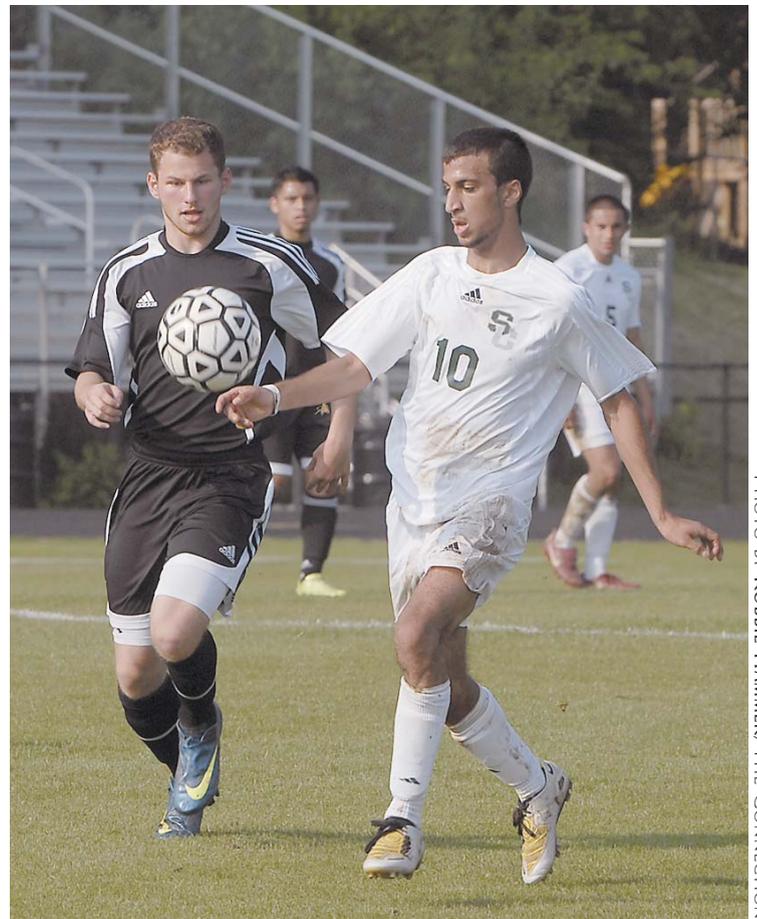


PHOTO BY ROBBIE HAMMER/THE CONNECTION

**A 73th-minute goal from Mojtaba Amin erased a dreadful first half for South County last Friday. 'We didn't display the urgency that you would like to see in a championship game,' Stallions coach Erich Gunderman says.**

## Stallions Girls Softball Team Has a Plan

**With third straight Patriot District title, quarterfinal tilt with Westfield a possibility.**

BY JASON MACKEY  
THE CONNECTION

**S**outh County softball coach Al Thompson has a plan that's worked out rather well this season, with his team compiling a 22-1 record when Julia Kastner leads off with a hit, Sarah Senseney bunts her over to second and either Taylor Dillow or Stephanie Sbardella follows with an RBI.

In the Monday, May 20 Patriot District title game at Lake Braddock Secondary School, Thompson's plan played out perfectly in the first inning, staking the Stallions to an early 1-0 lead. But South County's bats went silent over the next six innings, as the team was unable to plate another run against Annandale pitcher Izzy Yaroch.

"I thought we were going to score another one, but it just didn't happen," Thompson

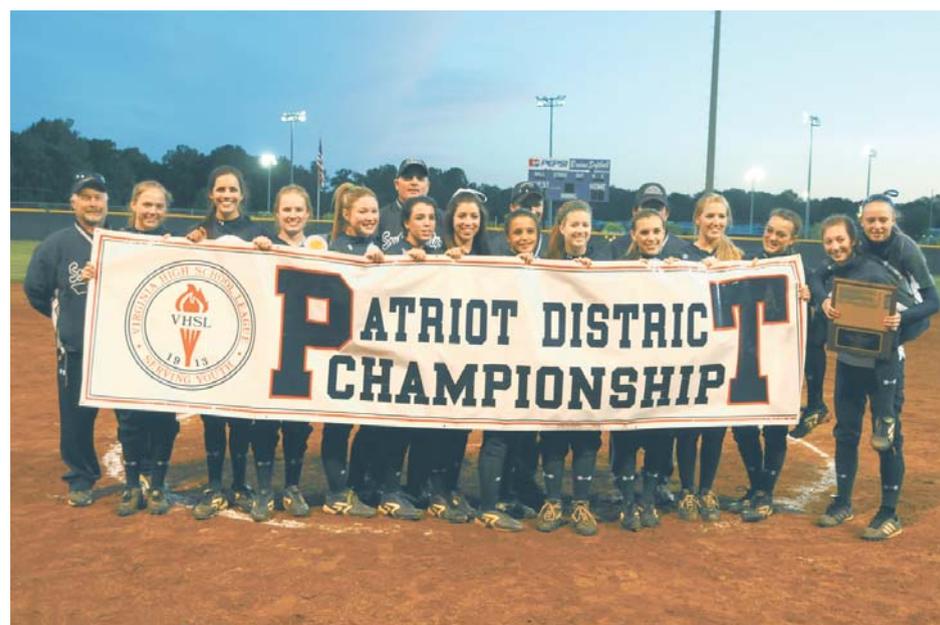


PHOTO COURTESY OF AL THOMPSON

**With a 1-0 victory over Annandale on Monday, May 18, the South County softball team won its 16th straight game to claim a third consecutive Patriot District title.**

said.

Despite the mini-slump, South County was still able to win its third consecutive district title, thanks largely to another domi-

nant pitching effort from junior Chelsey Dunham, who allowed one hit and struck out 13 Annandale batters during the 1-0 win.

**"We're not a dominant hitting team, but it's pretty hard to score against us."**

— Al Thompson, coach,  
South County Secondary

"We've had a lot of close games, and last year most of our games were close," Thompson said. "We're not a dominant hitting team, but it's pretty hard to score against us."

The win was South County's 16th straight and followed quarterfinal victories over Lee (13-0) and West Potomac (5-0). Furthermore, in the Stallions' last 11 games, they're allowed one run, which came during a 6-1 victory over Hayfield on Friday, May 8. South County advances to this weekend's Northern Region tournament and will play host to Washington-Lee on Friday.

**WHILE THOMPSON** has one plan for how

SEE STALLIONS, PAGE 13

# SPORTS

## Colonials Rule Region

Both the Jefferson boys' and girls' tennis teams captured Northern Region titles last week, with the boys' team defeating three-time Virginia AAA state champion Robinson, 5-4, on Friday, May 15 in a four-hour match at Wakefield High School in Arlington. The girls' team, meanwhile, scored a 5-4 win over Marshall in a match that was started Friday night, suspended because of darkness and finished on Saturday morning.

After six singles matches, the Robinson boys' team led, 4-2, which meant Jefferson had swept the doubles competition to earn the win. Jefferson's No. 3 doubles team won first, 6-2 and 6-4. Then the No. 1 doubles team won, 7-5 and 6-4. Finally, the No. 2 doubles team, which was comprised of the team's two senior co-captains, clinched the victory by winning 6-3, 1-6 and 6-4.

Both Jefferson and Robinson qualify to be two of eight high schools competing for a Virginia AAA state title, and the Colonials will host the Central Region runner-up on May 26 at Mason District Park.

Robinson will travel to play the Central Region champion.

In the girls' match, Jefferson and Marshall were



PHOTO COURTESY OF AHMED GOKTURK

**The Jefferson boys' tennis team, from left, includes Akaash Gupta, Anthony Lim, Ben Rosenblum, Sean Cheng, Kushal Seetharam, Edwin Zhang, Spencer Clark, Spencer Frei, Chris McPherson, Bill Qu, Glen Hookey and Eric Bomgardner.**

all tied after the six singles players finished, but the doubles matches were pushed to Saturday morning because of the darkness. Jefferson won the No. 1 doubles match and Marshall answered with a No. 2 doubles win. The region title came down to the No. 3 doubles team of Joyce Chung and Stefani Karp, which secured the victory.

The Jefferson girls' team, which placed second in the state last spring, advances to this year's state tournament and will play the Central Region runner-up on May 26 at Mason District Park as well.

### WEEK IN SPORTS

## Stallions Softball

FROM PAGE 12

to score runs, he has another for how to have fun and keep everyone happy. Before the team's annual spring break trip, Thompson compiles a spreadsheet that plans every player's participation ahead of time.

Say, hypothetically, that the Stallions are trailing by two runs in the bottom of the fourth inning on Tuesday. Kastner is on second, and Dillow's spot in the order is due up. If it's Dillow's time to sit, she sits.

Furthermore, South County doesn't even list the results from its spring games on the team's Web site, part of Thompson's belief that those games are for fun and that everyone should be involved; results aren't as important.

"It doesn't matter where we are in the game, if it's your turn to come out, you're out," said Thompson, whose team has done well on the trips, winning three games last spring and four this year. "Who wants to spend all that money to go down there and not be able to play? We go down there for fun."

The philosophy serves as an example of the selfless approach that has kept South County afloat while other top-seeded teams have faltered, including Westfield and McLean in the Concorde and Liberty Districts, respectively. Both suffered district semifinal losses and will enter this weekend's region tournament as No. 2 seeds.

Though Thompson would prefer to focus on Washington-Lee, a juicy region quarterfinal matchup with Westfield is a strong possibility, with the Bulldogs squaring off Friday with Stone Bridge, a team they beat, 3-2, on April 25.

"We're used to being in tight games," Thompson said. "We'll play a tight game for as long as we need to."

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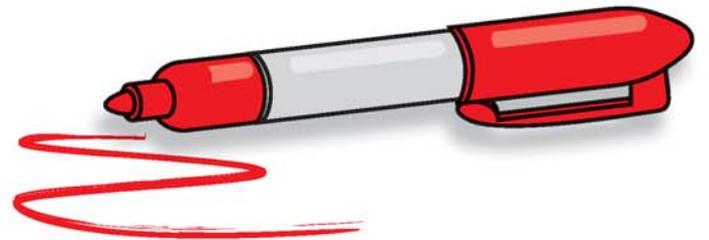
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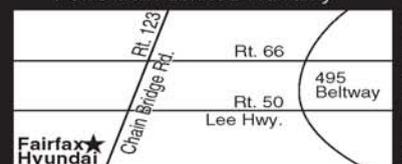
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# Brownlee, Cuccinelli, Foster Vie for A.G.

FROM PAGE 3

rounding mental health treatment. The state senator has worked as a court-appointed lawyer for people facing involuntary commitment.

“There is a lot more refinement that is needed in our system. We need to be bringing in the people who need our help without locking up people who have committed no crime,” said Cuccinelli.

He said many of laws passed following the shootings at Virginia Tech have not improved the government’s ability to help the mentally ill.

Foster said he is in favor of giving the attorney general the power to investigate voter fraud, which is now left to commonwealth attorneys at the local government level.

Foster said the attorney general is a more appropriate figure to handle voter fraud because the issue can cross county and city lines.

“We need centralized expertise in Virginia on this issue. Certainly, there are reports from time to time that are concerning and even a small amount of voter fraud is too much,” said Foster.

**EACH CANDIDATE** claims that they are the strongest Republican to take on the Democratic Party’s attorney general candidate Steve Shannon in the fall general election. Shannon is a Vienna resident, former Fairfax County prosecutor and holds the 35<sup>th</sup> district seat in the Virginia House of Delegates.

Brownlee said his experience as the top federal prosecutor for half of the commonwealth over the last seven years would help him in a race against Shannon.

“The number one issue is experience and I am the only prosecutor running [on the Republican side.] The voters want someone with prosecutor experience. The attorney general reviews evidence and decides whether they want a case to move forward,” said Brownlee.

As U.S. Attorney in Virginia, Brownlee worked to extract \$634 million in fines for misleading marketing of OxyContin.

Brownlee is also the only veteran of military service in the race on the Democrat or Republican side, which he said would give

## John Brownlee (R)

**Age:** 44  
**Residence:** Roanoke

**Family:** wife Lee Ann and two daughters

**Employer/Job:** former U.S. Attorney for Virginia’s western district

**Hometown/Grew Up In:** Fairfax County (Robinson Secondary School graduate)

**Education:** Washington and Lee University (1987 - Business Administration and Accounting), William & Mary Law School (1994)

**Community Engagement/Relevant Experience:** former U.S. Attorney for Virginia’s western district; served as a major in U.S. Army; teaches trial advocacy at University of Virginia Law School



## Ken Cuccinelli (R)

**Age:** 40  
**Residence:** Centreville

**Family:** wife Teiro, five daughters, two sons

**Employer/Job:** partner in Cuccinelli and Day PLLC (City of Fairfax)

**Hometown/Grew Up In:** McLean

**Education:** University of Virginia (1991-Mechanical Engineering), George Mason University School of Law and Economics (1995), George Mason University (2000-Master’s degree – International Commerce and Policy)

**Community Engagement/Relevant Experience:** Virginia state Senator (2002-present); served as court appointed attorney for people who are involved in Virginia’s involuntary commitment process; member of Virginia’s Juvenile Justice and Delinquency Prevention Advisory Committee (1994-1999)



## Dave Foster (R)

**Age:** 55  
**Residence:** Arlington

**Family:** wife Martha and two children

**Employer/Job:** partner at Fulbright and Jaworski LLP (Washington D.C.)

**Hometown/Grew Up In:** Arlington; Raleigh N.C.

**Education:** University of Virginia (1975 – Government), University of Virginia Law School (1981)

**Community Engagement/Relevant Experience:** former Arlington County School Board member (2000-2007); participated in investigations of the U.S. Department of Justice, Federal Trade Commission and other state attorneys general as a lawyers in private practice; former legislative aide to Virginia U.S. Rep. Bob Daniel (R-4)



him an advantage over Shannon during the general election.

Finally, Brownlee’s close ties to other parts of the state will make him a stronger candidate statewide than his two Republican opponents, he said.

“Growing up in Northern Virginia but having lived out west, I know a broader group of folks. It will give me a better chance of prevailing in November,” said Brownlee.

Eddie Page, a Kingstowne resident and the former chair of the Fairfax County Republican Committee, is supporting Brownlee.

“You need to look at the best person to fit into the job qualifications. If you look at [the candidates’] professional resumes, he is the one with the experience and the leadership,” said Page.

Cuccinelli said he is the only Republican running who has a voting record on the types of issues that the attorney general would handle.

“I am the only one who has any sort of record on property rights, mental health and public safety. I have cast over 20,000 votes people can look at. That record is critically

important to voters as they move forward,” he said.

Cuccinelli also has a proven record of winning in Northern Virginia. Of the three Fairfax County Republican incumbent senators running for re-election in 2007, Cuccinelli was the only one to win.

“[2007] was not a good year for Republicans but I won. I can do it again. Anybody can get up and say they can win votes in Northern Virginia. Well, show me you can do it,” said Cuccinelli.

Cuccinelli’s ability to win in Northern Virginia is one of the reasons Hunt, Fairfax County’s former Republican school board member, has decided to support him.

“He has won as a conservative Republican in Northern Virginia and his ability to put together a campaign operation is pretty phenomenal,” said Hunt.

Foster also touts his ability to get elected in Northern Virginia.

He was not only able to win election in Democratic Arlington, but also won his second school board campaign with 62 percent of vote. By contrast, Cuccinelli won his 2007 re-election in a close call, by fewer than 100 votes, said Foster.

“I got re-elected with nearly two-thirds of the vote in Arlington which shows I can appeal to independents and moderate Democrats [in a general election],” said Foster.

Foster is also the only person in the race that has experience with managing a law firm the size of the Virginia attorney’s general office, he says. His law firm has over 1,000 attorneys and he co-chairs a litigation group that includes dozens of people, said Foster.

“I have practiced before various state attorneys general and appeared in the U.S. Supreme Court. I have more actual legal experience than my competitors combined,” said Foster.

Kenneth Klinge, an Alexandria resident who is the former executive director of the Republican Party of Virginia, said Foster’s ability to appeal to Northern Virginia voters is important.

“I think we have proven you can’t win with a ‘small tent’ candidate. You need a ‘big tent’ candidate and Dave Foster fits that mold more than the other two guys,” said Klinge, who will support Foster at the convention.

# Riding Provides Joy for Those with Disabilities

FROM PAGE 3

Lessons take place seven days a week and last for about 45 minutes.

With only three full-time staff members and several part-time workers, the NVTRP relies mostly on volunteers to help the program succeed.

“Volunteers are a critical part of our program since each rider needs up to three people helping them during their ride,” said Bornhorst. “Each week, our volunteers dedicate their time, making it possible for our

riders to benefit from their riding lessons.”

Christina Stewart, a high school senior from Fairfax, has been volunteering at the farm since September. Although she is required to have 10 volunteer hours each semester for her membership in the National Honors Society, she enjoys her volunteer time.

“I like working with the kids and horses,” said Stewart. “I get to help out with the lessons and with mucking and grooming.”

“This is a very gratifying and worthwhile program,” said Shari Lama, the Saturday

morning coordinator who has been volunteering with the NVTRP for four years. “I look forward to Saturdays.”

All volunteers have to complete a training session, usually lasting between two to three hours, before working with the horses and students.

Whether it is a physical, mental or emotional disability, the NVTRP encourages all people who are struggling to experience the benefits of therapeutic riding.

“The children are limited with their abilities, but when they get on the horses, it is

## To Help

The Northern Virginia Therapeutic Riding Program relies on tax-deductible donations to keep the program up and running. Donations are accepted online or through the mail. To donate or find out more about NVTRP, visit <http://www.nvtrp.org> or call 703-764-0269.

like they are free and can bond with them,” said Lama. “It is truly a wonderful program.”



**Lake Anna** **\$499,900**  
**Rare financing opportunity!**  
 Owner is willing to finance this premier waterfront lot. ACT NOW! Level lot with breathtaking panoramic views! Nicely wooded and in a newer lake community.  
**Toni McQuair 703-795-2697**



**Alexandria Potomac Yard** **\$614,500**  
 Minutes to exciting Potomac Yard featuring restaurants, theaters and shopping. One year old end unit townhome featuring hardwood floors, stainless and granite kitchen as well as a walk out recreation room for your enjoyment. Two car garage parking and convenient to Metro, Crystal City, and Reagan Airport.  
**Ellie Wester 703-503-1880**



**Gainesville** **\$334,900**  
 Live 55+ your way... 3 BR, 3 bath villa with scenic golf course vista in Heritage Hunt - an adult community offering golf, pools, fitness center, clubhouse & activities. Master BR on main & 2BRs in loft.  
**Mary LaRoche 703-919-0747**



**Oakton** **\$499,900**  
**Vacant & Beautiful!**  
 Luxury brick home close to Vienna Metro, Rte 66 and 123. All new paint and carpet. Granite Counters, Marble Foyer, 2 Fireplaces, 2 Wet Bars. Community Pool across street.  
**Dick & Kathy Holman 703-250-KTHY**



**Fairfax Station** **\$550,000**  
 Great South Run Oaks neighborhood. Recently remodeled with wood floors in LR/DR/FR. Granite kitchen with new appliances. Super deck off kitchen and family room. Very well kept original owner home and very clean. Ready for you to move into. Lawn mower & snow thrower can convey!  
**Laura Baranek 703-380-8993**



**Mason Neck** **\$769,900**  
 Elegant 4 Bedroom, 3.5 Bath Tudor-style home on 5.6 acre lot in Mason Neck. Updated throughout including designer sinks & fixtures, marble & hardwood flooring, crown & chair rail molding, built-ins & fully updated kitchen. Across from Meadowood Recreation Area with over 500 acres of land for recreational use.  
**Ngoc Do & Associates 703-798-2899**



**Clifton** **\$899,900**  
 Gorgeous custom home sited on 5 private acres w/circular drive. 3 sides brick, 4BR, 2.5BA, kitchen & baths recently updated, 10' ceilings. Walkout basement, main lvl library, side load garage. Extensive landscaping & covered storage for boat or trailer. See this property at www.CliftonMLS.com.  
**Ann Grainger 703-503-1870**



**Fairfax** **\$1,599,000**  
 Gorgeous 6 BR, 7.55 BA Home on .8 acres. Woodson School District. Almost 10,000 total sq. ft. Main Level Master BR. Gourmet Kitchen w/adjoining Fam Rm. Finished Walkup Basement w/Wet Bar and Media Rm. Upper Level Loft Walks Out to Rear Deck. Each Bedrm has full bath and walk-in closet. Built in 2008.  
**David Levent 703-338-1388**



**Fairfax** **\$442,500**  
 Great home in Country Club View near GMU. 4 levels. Updated kitchen and baths. 2 fireplaces. Large fenced yard with patio. Stone walkway.  
**Judy Semler 703-503-1885**



**Mason Neck/Lorton** **\$749,900**  
**Expense, Not Expense!**  
 Custom-built home on 1+ acre in historic Mason Neck - surrounded by nature and within walking distance to water! Gourmet kitchen; finished basement; gazebo; and MUCH more. For 24-hour recorded information, call 1-888-495-6207 x204  
**Ron & Susan Associates 1-888-495-6207**



**Springfield** **\$775,000**  
**Enchanting Elegance**  
 Luxurious 5-BR Single Family Home conveniently located inside the Beltway in perfect condition! Hardwood floors, crown molding, gourmet kitchen, family room off the kitchen with fireplace and walk-out to yard, main level laundry, MBR with separate sitting room w/ balcony, plus much more!  
 Convenient to shopping, schools and transportation.  
**Jim Whitfield & Cyndee Julian 703-503-1830**



**Falls Church City** **\$473,500**  
 Welcome home to Winter Hill...a tranquil niche of townhomes nestled in Falls Church City surrounded by trees & parks. Only blocks to city center & just over 1 mile to Metro. Long-time owners have babied this home w/long list of upgrades/updates thruout. Major systems replaced. New carpet, flooring, fresh paint. Extra large fenced yard w/deck, shed & garden. Neighborhood swim club. A pleasure to view!!  
**Jim Fox 703-503-1800**



**Fairfax Station** **\$1,175,000**  
 Grand Colonial with Top of the Line Custom Kitchen. Huge home, over 6000 sq ft on top two levels! 5 grand bedrooms, 4.5 baths, sunroom, library, walk out lower level on 5 acres. Great Price for Grand Estate in Fairfax Station!  
**Carol Hermandorfer 703-216-4949**  
**Marsha Wolber 703-618-4397**

**Save A Date To Attend Our FREE Real Estate Career Seminar**

**DATES IN 2009:**  
 June 10, July 8  
 August 5  
 September 9  
 October 7  
 November 4  
 December 2

**TIME:**  
 7:00-9:00 PM

**LOCATION:**  
 Long & Foster's Northern Virginia Training Center  
 3069 Nutley St.  
 Fairfax, VA 22031

**From the Beltway (495), take Rte. 66 West to the Nutley St. South Exit (exit 62) towards Fairfax. Go through the intersection of Lee Highway and Nutley Street. The training center is located in the Pan Am Shopping Center on the left.**

**TO REGISTER:**  
 Please contact Mary Ann Plonka at 703-503-1898 or maryann.plonka@longandfoster.com



**Fairfax City** **\$849,999**  
**THIS IS A MUST SEE!!**  
 Amazing renovation/rebuild. Better than new. 1920's home has been rebuilt from the inside out. Attention to detail thruout maintains integrity of original feel & design w/all the modern amenities of 21st century. ALL SYSTEMS REPLACED. Andean hdwd floors, honed carerra marble, limestone frpl, AGA appliances, custom marble baths just the beginning. See extensive list of improvements in home.  
**Jim Fox 703-503-1800**



**Fairfax** **\$315,000**  
 Raised Rambler, 4 bedrooms, 2 full baths, large deck, nice yard. Close to public transportation. Shows well.  
**Susana Vargas 571-217-2740**  
**Judy McGuire 703-581-7679**



**Clifton** **\$849,000**  
 Brick front beauty with 3 car garage, in ground pool, 3 finished levels! All features you want: upstairs laundry, great room/kitchen, main level library! Private 1.2 acres in a neighborhood setting!  
**Carol Hermandorfer 703-216-4949**  
**Marsha Wolber 703-618-4397**



**Manassas** **\$699,900**  
 Spectacular home w/5500 sq ft of living space! Hardwood floors, 2-story foyer, sun room, 4 bedrm 4.5 baths, 9' ceilings, 3 car side-load garage, 1+ acres in a beautiful neighborhood. Vacation at home in your own inground pool with stone retaining walls, patio and deck! Don't miss this rare opportunity to find a gem like this beauty! Call Pam Boe to see this one today!  
**Pam Boe 703-503-1888**



**Fairfax Station** **\$699,900**  
 Stunning home is all dressed up & ready to go!! Long-time owner has babied this Ffx Station beauty. Extensive list of upgrades/updates. Inviting foyer w/elegant curved staircase. Large, sunny & bright rooms. Formal LR & DR. Fam rm w/frpl off modern KT. Mn lvl library. Expansive MBR w/sitting rm & 2nd frpl. Mn lvl laundry/mud rm. Wooded lot on non-thru street. Woodson HS.  
**Jim Fox 703-503-1800**



**Lake Ridge** **\$319,000**  
 Beautifully sited in sought after RIDGELEIGH with a spectacular river view - backs to trees. Immaculate 3 BR, 3 finished level townhome with walk-out to custom patio. Extended bump-outs on three levels. To preview this property or for an open house schedule call  
**Ann Witherspoon 703-503-1836**



**Springfield** **\$469,900**  
 Pride of ownership abounds! Extensive upgrades/updates (see list in home). 3200+ sq ft home. Deceiving from outside!! Amazing fam rm & kit addition. 4 BRs on mn lvl + 5th BR on lower lvl (may not meet county code). Exercise rm, big rec rm, MBR w/full BA, frpl in LR. Eat-in Kt w/bkfst bar. Brand new HVAC. Great location. 1 mi to 495, buses. Steps to school & pool.  
**Jim Fox 703-503-1800**



**Clifton** **\$859,000**  
**Price Slashed!**  
 Charming Colonial with Swimming Pool in serene setting on 5 acres! Total privacy yet very close to Historic town of Clifton. 5BR, 4BA, 3 fireplaces. All new Kitchen with Granite counters and upgraded appliances. Fully finished walkout lower level with 5th bedroom/den, full bath, & rec. room. Great Value! See this property at www.GraingerTeam.com.  
**Ann Grainger 703-503-1870**



**Fairfax Station** **\$649,000**  
 4 BRs, 2.5 BAs, 2 car garage Colonial on 1/2 acre lot in a wooded retreat. New maple kit with beautiful granite counters with new ceramic floors. Wood floors and new carpet. Robinson Secondary school district and Burke Lake Park, Golf Greens and shopping centre less than 1/2 mile away. Seller very anxious to downsize and make this your new home.  
**Kinder Saund 703-278-8885**  
**Patricia Rehill 703-503-1993**



**Mason Neck/Harbor View** **\$945,000**  
 This spectacular luxury waterfront home is immaculate! Located on secluded 1.93 acre lot with beautiful views of Massey Creek and deep water access to the Potomac River. Access to Community Marina.  
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**Springfield \$775,000**

**Enchanting Elegance**  
LUXURIOUS 5-BR Single Family Home conveniently located inside the Beltway in perfect condition! Hardwood floors, crown molding, gourmet kitchen, family room off the kitchen with fireplace and walk-out to yard, main level laundry, MBR with separate sitting room w/ balcony, plus much more! Convenient to shopping, schools and transportation.

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**Waterford, VA \$799,000**

Stunning colonial 4 yrs old - 4 bedrooms - 3 1/2 baths - 3 car garage - 2 story FR & foyer - den - sunroom - MBR sitting room. Gorgeous mountain & wooded views!



**Clifton \$1,850**

**Country Living-SF House**  
Come to Clifton! SF House w/2 Bedroom, 2 full Bath. Enjoy country living w/Fairfax county amenities such as top schools. Enjoy pastoral setting with beautiful sunsets from the secluded deck overlooking pastures. This for what many pay for an Apt. Call Michael LaBrash at 703 495-6242.



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**Fairfax \$565,000**

**Nature Lover's Paradise**  
Top of the class...Lovely center-hall colonial w/ 5BR/3.5BA fully updated, remodeled kitchen w/ 42" hickory cabinets & granite counters + gas cooking! Cul-de-sac setting w/fabulous backyard. Blocks from sought-after schools. Hurry for this one!



**Aldie \$168,000**

**Foreclosure Opportunity**  
2 BR, 2 1/2 BA, garage townhouse in Amber Spring. Property needs work, but has fantastic potential. Priced well below comparables!  
Call Ramesh Amini at 703-200-9511



**Clifton \$1,098,000**

Flooded w/sunlight, 5 private acres, 2 level decks and gazebos for watching your own private nature preserve! Sought after Glencairn neighborhood, walk to town of Clifton! Meticulously maintained and updated! Dramatic 2 story family room, beautiful master suite, fully finished walkout lower level. Artist studio included! A WOW house!



**Clifton \$1,275,000**

Arts and Crafts inspired custom built home just 1 year young! Four finished levels, top of the line finishes including hickory floors, Viking appliances, transom windows! 4 BRs, 6.5 BAs, front & back staircase! One of few newer properties available in Clifton!



**Fairfax Station \$899,990**

Unbelievable price for this all brick custom home, 5 priv acres, granite & stainless kitchen, meticulously maintained, and award winning lower level finished for family fun! Don't let this be the house you are talking about next year as in "Wished I Would Have" ... your opportunity is NOW.



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1-888-529-HART



**West Springfield \$600,000**  
An ABSOLUTE 10! First OPEN HOUSE 5/24 Magnificent "must see" immense kitchen addition, Hot tub spa with gazebo and deck, gorgeous yard. Gleaming hardwood floors, everything Up to Date. Beautiful neighborhood, Pride of Ownership. Open Sunday, 5/24. From I-95, West Old Keene Mill, left Greeley Blvd to 8207 near Rolling Rd.

Call Kay Hart 703-503-1860

**Attention: High-end Renter, or First-time Homeowner**

If you have not bought a principal residence in the last 36 months, I would like to help you become a Smart Buyer. Agency with the Buyer, not the Seller, trained to get you the best property for the best price, period. Few people have benefited from renting vs. buying a well-chosen property in Northern Virginia.

First, determine if it is YOUR time to buy: [www.longandfooster.com](http://www.longandfooster.com) (Select Financial/mortgage calculators/Am I better off renting?); call me to direct you to financing, to see inside, to assess/purchase a property.)



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Real Estate Buyer's Agent  
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**Ann Witherspoon**  
703-503-1836



**FAIRFAX STATION COMING SOON**  
Seldom seen elegant CROSSPOINTE beauty sited on a cul-de-sac - A sunroom plus a solarium in addition to large bedrooms & a family

room overlook add unusual interest to the over 7,000 finished sq ft in the home - 3 finished levels have been updated & remodeled - Brand new kitchen updates - Hardwoods very recently refinished - Deck & finished walk-out basement - Many surprises! A rare find! For additional information & a private showing call ANN WITHERSPOON 703.503.1836

**Sheila Adams**  
703-503-1895

Life Member, NVAR Multi-Million  
Dollar Sales Club  
Life Member,  
NVAR TOP PRODUCERS



**Fairfax Station/Crosspointe \$699,500**

Dramatic 4 BR, 4.5 BA home w/bright, open floor plan. 1st Floor Master BR with luxury BA. 2 Fireplaces! Huge gorgeous kitchen with all the bells & whistles. 2-story Family Room w/Overlook. Main floor study/library. Sparkling HW floors. Finished LL with full BA & wet bar. Plus much more!  
Call Sheila Adams 703-503-1895



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**Mason Neck \$769,900**

Elegant 4 Bedroom, 3.5 Bath Tudor-style home on 5.6 acre lot in Mason Neck. Updated throughout including designer sinks & fixtures, marble & hardwood flooring, crown & chair rail molding, built-ins & fully updated kitchen. Across from Meadowood Recreation Area with over 500 acres of land for recreational use.



**Fairfax Station \$925,000**

Brand new kitchen updates! Private circular driveway leads to meticulously maintained brick & stone Colonial on 5 acres. Level yard, stunning deck w/hot tub & serene setting. 2 story family room, large office, well designer kitchen, sun room, formal living & dining rooms. Walk-out basement ready to finish the way you'd like.



**Richard Esposito**

**703-503-4035**

[Richard@LNF.com](mailto:Richard@LNF.com)

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**South Riding Coming Soon!**

Brick front, end-unit, 3 levels TH with 1 car garage. Only 5 years old. 4 Bedrooms, 2.5 Baths. Open floor plan with Hardwood floors on main level. Coming soon but call today to schedule a tour.

**Richard Esposito 703-503-4035**

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**Springfield \$448,000**

Minutes to Springfield Metro Station No commute problems - just take Metro. Minutes to the station as well as shopping and major highways. Four bedrooms, 3 1/2 baths, and finished basement offers the best of living. A level fenced yard plus multi-level decking, a one car garage, and extra long driveway are some of the extras in this home.

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